

Integrated Dementia Care

People living with a dementia, the community and voluntary sectors, Health and Social Care working together, enables early intervention, a timely diagnosis and access to the most appropriate supports across the dementia journey.

Dementia Services

www.belfasttrust.hscni.net/services/Dementia

www.northerntrust.hscni.net/services1807.htm

www.setrust.hscni.net/services/2302.htm

www.southerntrust.hscni.net/services/1709.htm

www.westerntrust.hscni.net/services/2651.htm

Copies of this guide, the more detailed version of the Dementia Care Pathway for Northern Ireland and the Easy Read version of the Dementia Pathway for Learning Disability is available at www.hscboard.hscni.net/dementia

Information about the signs and symptoms of dementia and dementia services is available at www.nidirect.gov.uk/dementia



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Supporting Each Person's Individual Journey

www.hscboard.hscni.net/dementia
www.nidirect.gov.uk/dementia



Your Guide to the Dementia Pathway



Supporting Each Person's
Individual Journey

What to Expect From The Dementia Pathway

This leaflet provides you or someone you know with information on the key elements of the Dementia Pathway for Northern Ireland.

This leaflet has been designed in partnership with people living with dementia and their carers across Northern Ireland.

The pathway considers the needs of the person living with dementia and their families and carers and the range of supports available throughout the journey with dementia.

1

Element 1

Improved Public Awareness and Healthy Active Ageing

An improved public awareness of what it means to live with dementia will support the development of dementia friendly communities.

This will be made possible through accessible information and education on various aspects of dementia.

Maintaining a healthy lifestyle may prevent or delay the onset of dementia. Maintaining good mental health is important for good brain function.

2

Element 2

Finding Out if it's a Dementia

Knowing the signs and symptoms of dementia will enable early discussions with your GP who can arrange for a more detailed assessment if this is required.

Support will be available throughout the assessment.

A diagnosis of mild cognitive impairment or a dementia opens the door to treatment, information and support.

3

Element 3

Living Well with a Dementia

It is possible to continue to live well by respecting what is important to the person living with a dementia, building on their individual strengths and tailoring supports to their specific circumstances.

The Dementia Navigator can provide information on a range of emotional and practical supports for the person and their carer.

4

Element 4

Coping with Changes

As a dementia progresses it can impact on a person's ability to communicate their wishes and to make decisions.

Help will be available to understand any changes and to be supported. This will include emotional and practical supports and the option of training for the person, the carer and family members.

Where a person no longer has the capacity to make decisions any decisions including those about treatment and care will be made in the person's best interests.

5

Element 5

End of Life

Dementia is a progressive condition.

There is access to the full range of health and social care services including palliative care services.

Any advance plans or expressed wishes will be respected as far as possible.

Everyone caring for the person will work together to ensure dignified, safe and comfortable care. Family and carers will be supported throughout this stage including the offer of bereavement support.