




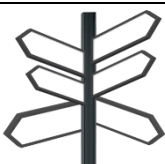



Dementia Care Pathway – Booklet 2

Finding out if it's Dementia



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About Your Brain



This is the brain. The brain tells your body what to do.



The brain tells you how to think clearly.



The brain tells you how to talk and walk.



About Your Brain



The brain tells you how to do things.



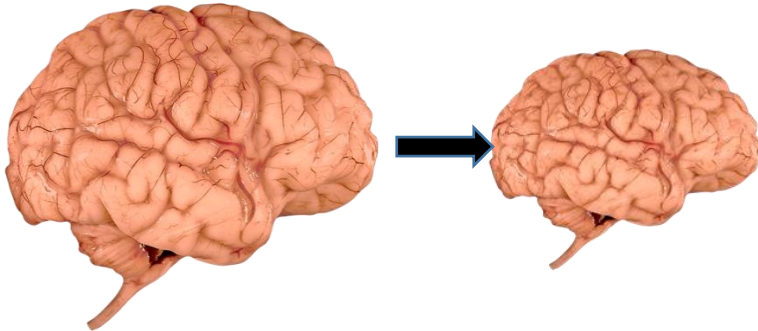
The brain tells you to remember things.



The brain tells you how to do all your everyday activities.



What is Dementia?



Dementia is an illness which changes your brain. This means your brain may not work properly.



Men and women can get dementia.



People with learning disabilities can get dementia earlier than other people.



What is Dementia?



You might forget things like who people are, where things are and what day it is.



Dementia can change how you feel.



Dementia can make it more difficult for you to do your everyday activities.



What is Dementia?



Dementia can change how you behave and get along with other people.



Dementia can make it harder to think about things clearly. You can be confused or mixed up.



You may not be able to do the things you used to do.



How do I Know if I have Dementia?



If you or someone who knows you well are worried about dementia you can talk to your key worker.



You can also talk to your Doctor.



Your Doctor might ask you to get a blood test.



How do I Know if I have Dementia?



Your Doctor might ask you to see other Doctors.



You might be asked to see other professionals.



The other professionals may ask you to do some assessments.



How do I Know if I have Dementia?



Assessments may be looking at pictures, doing puzzles and showing people what you can do.



The other professionals may ask you and your family some questions.



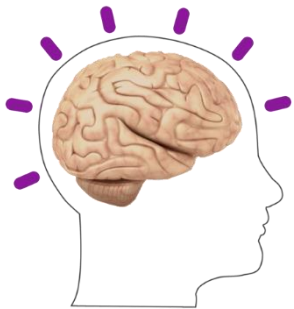
You might have to go to the hospital for tests.



How do I Know if I have Dementia?



You might have some tests to see if there have been any changes in your brain.



You might have a test called an EEG or a scan which takes a picture of your brain.



Different people may need different tests.



What happens if I have Dementia?



The Learning Disability Team and your Doctor can talk to you about dementia.



You may be asked to take medication.



The Learning Disability Team will help and support you.



Your Personal Well-being Plan?



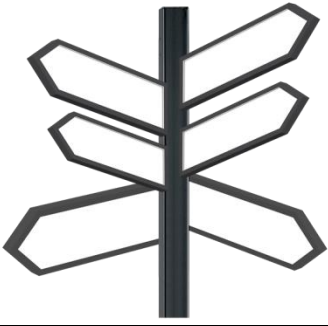
Staff will talk to you about your personal well-being plan. It will have lots of information about you. It tells people how to help you.



It tells people what you like and what you don't like.



It tells people what choices you have made.



Other ways to get help



You can talk to your family or carers.



If you are worried about what might happen if you have dementia you can talk to your key worker.

Your key worker is _____



You can talk to an advocate. This is someone who will help you to tell people what you want.



Get More Information



You can get help from charities, your local Health and Social Care Trust and local council.

This easy read booklet was created with the help of

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Personal and Public
Involvement (PPI)



Involving you,
improving care



Public Health
Agency