

5 Moments for Medication Safety



Starting a medication

- What is the name of this medication and what is it for?
- What are the risks and possible side effects?



Taking my medication

- When should I take this medication and how much should I take each time?
- What should I do if I have any side effects?



Adding a medication

- Do I really need another medication?
- Is it OK to take this medication with my other medications?



Reviewing my medication

- How long should I take each medication for?
- Am I taking any medications that I no longer need?



Stopping my medication

- When should I stop each medication?
- If I have to stop taking a medication due to an unwanted effect, where should I report this?

