

COVID-19 Voluntary sector stroke pathway

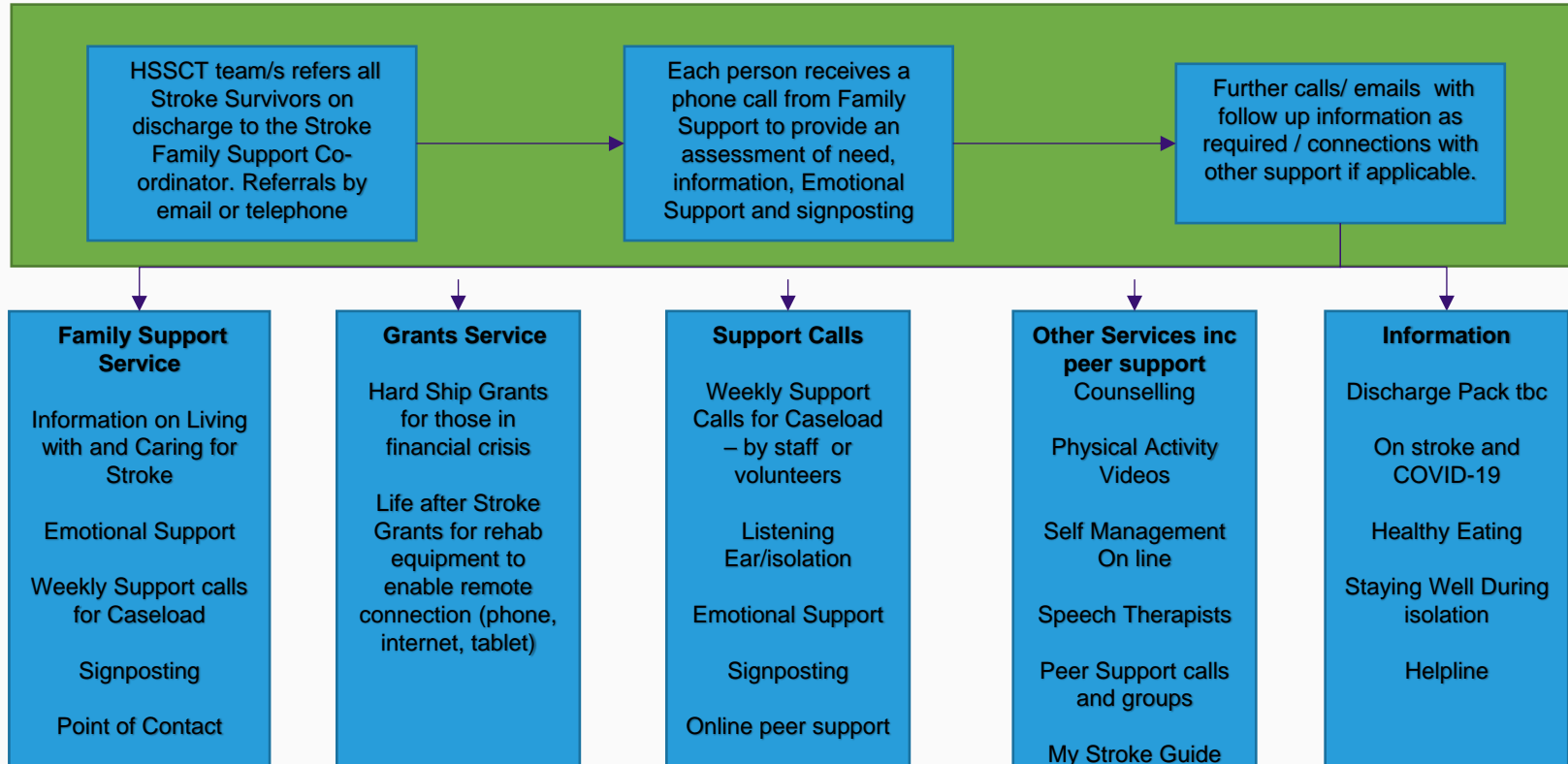
Stroke
Network



Stroke
Association

Chest
Heart &
Stroke

Overview of Joint Community Offer



Helpline Support



Stroke Helpline

Call now on **0303 3033 100** or email
helpline@stroke.org.uk

We provide information about stroke and its effects, what happens after a stroke, or what help and support is available

Our commitment to people affected by stroke

- SA and NICHS want to ensure that we continue to do all we can to support people affected by stroke throughout this period, whilst taking measures to reduce any risk to them and our own staff and volunteers.
- People affected by stroke are potentially **being discharged from hospital quicker** than ever before **in the wake of a life changing event** and with varying, community-based support.
- By proactively reaching out, we can offer a **lifeline** and **essential reassurance** and connect them to our joint package of **ongoing support**, as well as support from others, to help them **rebuild their lives** and have a more **positive experience of care**.

Coronavirus: How we're reaching stroke survivors, their families and carers.

- We're still here for you, and everyone affected by stroke.
- **Family support service-** you will receive an initial call from a family support worker (max 50 mins). They will listen and offer information and emotional support.
- You will then have an option on receiving further telephone/on line support on a weekly on- going basis with a regular review of how it is going.

Other available support

- **Grants Service**- access to means tested hardship grant or a life after stroke grant.
- **Support Calls**-on going regular calls from a family support worker or peer support call from a stroke survivor.
- **Other Support Services** - support call from our Speech and Language therapist, signposting to on line self management tools, physical activity video and opportunities for peer support

Other available support

- Further Information can be found:

www.stroke.org.uk
Telephone 028 90508020

www.nichs.org.uk
Telephone 02890320184

Facebook: Stroke Association NI

Facebook/Instagram/Twitter/You Tube :
Northern Ireland Chest Heart and
Stroke



email: strokesupportni@nichs.org.uk

